

Depression Support Group

HELPING PATIENTS TO DEVELOP EFFECTIVE COPING SKILLS.
JOIN A GROUP WHERE PEOPLE UNDERSTANDS YOUR FEELINGS.
YOU ARE NOT ALONE



GROUPS LED BY A LICENSED MENTAL HEALTH COUNSELOR

YOU CHOOSE HOW MANY SESSIONS TO ATTEND
GROUPS OFFERED OVER 6 WEEKS
EACH SESSION LASTS ONE HOUR
\$25 PER SESSION

ESTABLISH BEHAVIORAL PATTERNS THAT HAVE A POSITIVE INFLUENCE ON YOUR WELL BEING.

Dates and Times:

Saturday 11/28 at 12pm
Tuesday 12/1 at 7pm
Saturday 12/5 at 10:30am
Tuesday 12/15 at 7pm
Tuesday 12/22 at 7pm
Tuesday 12/29 at 7pm

Location:

8022 Old County Rd 54
New Port Richey, FL
34653



Caring Counseling LLC

813.388.8108 / www.caringcounselingllc.com