

Medical History

Name _____ Date of Birth _____ Age _____

A. Circle any adjective that describes your present state of mental health:

Excellent Good Fair Poor

B. List any prescribed medications you are taking now, including dosage and prescribing doctor:

C. List any history of serious illness in your family including mental illness or substance abuse: _____

D. List and describe any previous psychiatric hospitalizations _____

E. Do you Smoke? _____ If yes, how much? _____

F. Do you drink alcohol? _____ If yes how much? _____

G. Give dates and describe any history of counseling including supervisory referrals: _____

H. Have you ever had any of the following conditions or symptoms?

- | | |
|---------------------------------------|-----------------------------------------|
| Trouble Sleeping _____ | Appetite Changes _____ |
| Fainting _____ | Low Energy _____ |
| Headaches _____ | Crying spells _____ |
| Memory Problems _____ | Irritability _____ |
| Stomach Trouble _____ | Trouble Concentrating _____ |
| Anxiety _____ | Indecisiveness _____ |
| Depression _____ | Unexplained Pain _____ |
| Numbness or tingling _____ | Thoughts about Suicide _____ |
| Problems with Anger _____ | Extreme nervousness _____ |
| Emotional/Physical/Sexual Abuse _____ | Seeing or hearing things not real _____ |
| Weight Loss/Gain _____ | Obsessions _____ |
| Repetitive Irrational Behavior _____ | Nightmares _____ |